



Justin's Place Recovery Program

Justin's Place is a 12-month, 12-Step Christian Recovery Program, divided into three tracks: Motivational Track (*Month 1*), Discovery Track (*Months 2-9*), and Transitional Track (*Months 10-12*). The goal of Justin's Place is to help men and women struggling with an addiction to find freedom, hope, and healing. This goal is based on the reality that there is a living God who truly desires to redeem, restore, and equip those struggling with life-controlling issues with a life free from addictions.

Throughout the program, residents are required to attend lectures, classes, group meetings, Bible studies, and church. All residents move through the entire program with members of their individual modular, where a modular serves as a "band of brothers/sisters" for the resident. Each track is structured to provide the tools needed in order to achieve a successful journey in recovery. Please review the following overview before completing your application. We want to insure that a full grasp of the program is conveyed so that one can commit to receiving the help that is needed for genuine life change.

Program Overview

- Justin's Place believes in the saving grace of Jesus Christ. Learning to grow in healthy relationships, along with an open mind and willingness to change, are requirements to remain in the program.
- Justin's Place is a nicotine free facility. Residents attend a nicotine cessation class at the beginning of the program, where they are provided with nicotine replacement. Residents are given 21 days to withdrawal from nicotine. After these 3 weeks, residents will then be required to pass a nicotine test in order to remain in the program. Nicotine tests will be administered periodically throughout residency at Justin's Place.
- Residents are not permitted electronic devices until reaching Transition Track (10th month). This includes (but not limited to): cell phone, iPod, CD player, laptop, kindle, tablet, etc. Smart phones, tablets and other internet capable devices are permitted in Transitional Track with the agreement that Covenant Eyes will be installed and monitored by program staff.
- Residents will be in a "blackout period" for the first 28 days of the program. They will not be permitted phone calls or mail, unless it pertains to legal, medical, or financial concerns.
- During Motivational Track, (male) residents participate in the Justin's Place Feeding Ministry, providing meals for the homeless population during lunch and dinner.
- When the residents are starting the program, the lights are out at 10pm and on at 6am.
- Justin's Place is a curriculum and work based program; reading and writing skills will be required at times throughout the program. Residents are also required to participate in the work program; which includes ministries such as Agriculture, Hospitality, Maintenance, Laundry, Catalyst Kitchen, etc.
- Residents will be assigned to do outreach projects within St. Matthews House and off property. This includes (but not limited to): working in the kitchen, helping at the thrift store, tending to Justin's Place properties, and other service projects brought to the program for the community.
- Residents walk to class and meal time each day. This could add up to a few blocks a day. Male residents will also be taking the stairs to their rooms in Discovery Track; which includes walking up 3 flights multiple times a day (no elevators available).
- During Transition Track, the residents will begin part-time employment at a St. Matthews House social enterprise. This includes jobs such as: Program Assistant, Catering/Kitchen, Warehouse,



Thrift Store, etc. In Transition Track, residents learn the balance between work and recovery, and also how to budget their finances. Residents must be able to do this part of the program which requires physical labor and employment. This includes having a Florida ID, and social security card.

- Justin's Place is not a medical or mental health facility.
- Certain medications are not permitted throughout the program, please contact the Intake Services Department to inquire a list of permitted medications.
- Individuals who have medications must have the means to be able to pay for those medications and enter into the program with a 90-day supply.
- Church, Bible Study, Group, and 12 Step participation are a mandatory part of the program.
- Residents will be allowed visitation after 90 days. Approved visitors include, legal spouse and immediate family members.
- Justin's Place is a safe location. With that said, however, we cannot house sexual offenders or individuals with pending DCF or other Social Services regarding sexual offenses.
- There is a one-time admission fee of \$1,000

The fee covers the initial assessment, curriculum, and other initial program costs.

If an individual is interested in the program, then they will need to fill out an application and then schedule a phone interview with the Intake Services Department.

- Please contact the intake office if you have any further questions.

May God give you the strength and courage that is needed for taking the steps towards a better path. You will continue to be in our prayers during this time. We look forward to helping you on this journey!

Intake Department

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