

Justin's Place Recovery Program

Justin's Place is a 12 month Christian Discipleship Program, divided into three tracks; Motivational Track (4 weeks), Discovery Track (8 months), and Transition Track (3 months). The goal of Justin's Place is to help men and women struggling with an addiction find freedom, hope, and healing, based on the reality that there is a living God who wants to redeem, restore, and equip those with a life free from addiction.

Throughout the program, residents are required to attend lectures, classes, group meetings, Bible studies, church, and outside 12 step support meetings. Each phase is structured and designed to provide the tools needed in order to achieve a successful journey in recovery. Please review the following points before moving forward with the application. We want to insure you have a full understanding of the program and are committed to receiving the help that is needed for life change.

Points of Interest

- Justin's Place is a tobacco/vapor free facility. Resident's attend a nicotine cessation class at the beginning of the program, where they are provided with nicotine replacement to assist them in ceasing the use of nicotine by the end of week 2.
- Residents are not permitted electronic devices until reaching Transition Track (10th month). This includes, but not limited to cell phone, iPod, CD player, laptop, kindle, tablet, etc. Smart phones and tablets are not permitted until the 11th month in the program.
- Resident's will be in a "blackout period" in the first Track of the program. They will not be permitted phone calls or mail, unless it pertains to legal, medical, or financial concerns.
- During Motivational Track, residents participate in the Justin's Place Feeding Ministry, providing meals for the homeless population during lunch and dinner.
- When the residents are starting the program, the lights are out at 10pm and on at 6am.
- Justin's Place is a curriculum and work based program; reading and writing skills may be required at times throughout the program. Residents are also required to participate in the work program; which includes Agriculture, Hospitality, Maintenance, Laundry, Kitchen, Pool Maintenance, etc.
- Resident's will be assigned to do outreach projects within St. Matthews House and off property.
 This includes, but not limited to, working in the kitchen, helping at the thrift store, tending to Justin's Place properties, and other service projects brought to the program by the community.
- Resident's walk to class and meal time each day. This could add up to a few blocks a day. They will
 also be taking the stairs to their rooms in Discovery Track; which includes walking up 3 flights
 multiple times a day.
- During Transition Track, the residents will begin part-time employment at a St. Matthews House social enterprise. This includes jobs such as, Discipleship Team, Catering/Kitchen, Warehouse, Car Wash, Thrift Store, Development, etc. In Transition Track, residents learn the balance between work and recovery, and also how to budget their finances. Resident's must be able to do this part of the program which requires physical labor and employment.



- Justin's Place is not a medical or mental health facility.
- Certain medications are not permitted throughout the program, please contact the Intake Services Department to inquire a list of restricted medications.
- Individuals who have medications must have the means to be able to pay for those medications and enter into the program with a 90 day supply.
- Church, Bible Study, Group, and 12 Step participation are a mandatory part of the program.
- Residents will be allowed weekly phone calls after completing 30 days in Discovery Track
 (approximately 2 months). They are allowed visitation after 90 days in Discovery Track
 (approximately 4 months). The visitation request must be approved one week prior to visitation.
 Approved visitors include, legal spouse and immediate family members.
- Justin's Place is a safe location. With that, we cannot house sexual offenders or individuals with pending DCF or other Social Services regarding sexual offenses.
- There is a one-time admission fee of \$1000. The fee covers the initial assessment, curriculum, and other initial program costs. The fee is non-refundable.
- Please contact the intake office if you have any further questions.
- All items entering into the program are subject to search and/or review.

With the exception of \$20 cash or below, residents entering into the Justin's Place Recovery Program are not allowed to keep any personal cash/cards on their persons. Upon intake, anything exceeding the above will be collected with any cash being applied as credit to resident's fees. All cards will be collected and turned over to Motivational Track staff upon transfer from shelter stabilization to Motivational Track entry at the Justin's Recovery Center (firehouse).

May God give you the strength and courage that is needed for taking the steps towards a better path. You will continue to be in our prayers during this time. We look forward to helping you on this journey!

Intake Department

Email: Intake@stmatthewshouse.org

Phone: 239-774-0500

Men's Program Ext: 183 and 112

Fax: 239-774-7146



It is our priority to offer a respectable program for the applicants of Justin's Place. In order to do this, a mutual respect is needed. This starts with the way we present ourselves. There will be no apparel that refers or references to old behaviors or past lifestyles. This includes drug references, gang references, and other associated/related references.

Items to pack:

Personal Items

- 1 Book Bag (journal, stamps, appropriate reading material)
- Personal Hygiene **CAN NOT CONTAIN ALCOHOL**
- No more than 5 hats
- 2 pairs of sunglasses
- Jewelry/piercings (case by case)
- Hairstyles including beards and mustaches must be well kept

Clothing

- 2 pairs work pants
- 5 work shirts
- 2 pairs of non-work pants (class-wear, no holes)
- 5 shirts (t-shirt or otherwise, no inappropriate or no vulgar material)
- 3 pairs of shorts (no holes)
- 1 pair of swimming trunks
- 12 pairs of underwear
- 12 pairs of socks
- 1 jacket and 1 sweatshirt
- 7 white t's/undershirts

Shoes

- 2 pairs of tennis shoes
- 2 pairs of work boots
- 2 pairs of flip flops/sandals for free time
- 2 pairs of dress shoes

Formal Wear – (for attending Church services and dinners during Discovery Track)

- 2 dress slacks/khakis
- 5 button down (Oxford style) dress shirts
- 5 polo shirts
- No more than 5 ties

Notes:

- If lacking any above items, they will be provided as needed
- Justin's Place is not a storage facility. Each resident will be given a reasonable amount of space to store the amount of items listed above. Please pack accordingly.



Justin's Place Recovery Program Application

Please complete this information to the best of your ability prior to the screening. After returning the application, please contact the Intake Services Office by phone to schedule a phone interview. If you have problems, questions, or concerns they will be handled at that time. St. Matthews House / Justin's Place does not discriminate for any reason; however, there are certain guidelines that must be followed. This is a CHRIST CENTERED PROGRAM that focuses on helping men and women overcome addiction and seek a new way of life.

Demographic Information:	
Phone Number:	
Email:	
Gender (at birth):	
Date Completed:	
Name:	SS#
Date of Birth:	Place of Birth:
Age:	Relationship Status (if married, list county):
# of Dependents:	Do you have an open DCF case?
Who has custody of your children now?	Do you owe child support?If so what county?
Mailing Address:	Can you read and Write? Yes No
Education Level:	Did you Graduate? Yes No
Do you have a State ID or valid Driver's License?	If yes, please provide a color copy
Emergency Contact Name:	Emergency Contact Phone: Relationship to you:
How did you hear about Justin's Place Recovery Program?	Actationship to you.
Physical Health Data: Describe your Physical Health: Excellent: Good: Are you now under a doctor's care? Yes No Reason for doctor's care	
Recent major illness, surgery, or hospitalizations:	
	alth that would prevent you from performing manual work-
Date of last physical: Please list any prescribed medication you are currently ta	king or have taken in the past 60 days:

Females Only: Are you pregnant? Yes / No

leadaches Palpitations witches exual disturbances owel disturbances isual disturbances Stomach trouble Palpitations Chest pains Tremors Hear things Numbness		Skin problems Fatigue Tension Unable to relax Excessive sweating Flushes	Dizziness Burning or itchy s Back pain Fainting spells Tingling Hearing problems	Rapid heart beat Blackouts Watery eyes
Level of Pain				
				orst), what is your level of pain
	-	<u>e pain, intake services wi</u>	l require a letter fron	n a doctor verifying that you
are able to participate	e in the program.			
* Past 30 days -	If you have experie	nced any of these in the	ne past 30 days list	how many days
•	, ,	•	1 ,	J J
**Lifetime - If yo	ou have experienced	d any of these through	out your lifetime, l	ist how many years.
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Mental Health		illeur	ai recoras may be re	quested
Mental Health		Past 30 days *	eal records may be re	quested time **
Mental Health Serious Depression	on			•
			Life	time **
Serious Depression			Life days days	time ** years years
Serious Depression Serious Anxiety/T Hallucinations	Tension		Life days days days	time ** years years years
Serious Depression Serious Anxiety/1	Tension anding/		Life days days	time ** years years
Serious Depression Serious Anxiety/T Hallucinations Trouble Understate Concentrating/re	Tension anding/ membering		Life days days days days	time ** years years years years
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Serious Depression Serious Anxiety/I Hallucinations Trouble Understate Concentrating/re Trouble controlling	Tension anding/ membering		Life days days days days	time ** years years years years
Serious Depression Serious Anxiety/T Hallucinations Trouble Understate Concentrating/re Trouble controlling Violent behavior Suicidal Ideation	Tension anding/ membering		days days days days days days	time ** years years years years years years years
Serious Depression Serious Anxiety/I Hallucinations Trouble Understate Concentrating/re Trouble controlling Violent behavior	Tension Anding/ membering ng temper Or		days days days days days days days	time ** years years years years years years
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Serious Depression Serious Anxiety/I Hallucinations Trouble Understate Concentrating/re Trouble controlling violent behavior Suicidal Ideation Suicide Attempts	Tension Anding/ membering ng temper Or		days days days days days days days	time ** years years years years years years years years

Ever received a diagnosis for a mental health disorder?

If yes, what/when was the diagnosis and who was the doctor for diagnosis:

Ever entered an inpatient or outpatient treatment facility for psychological problems?

- Currently receiving help for psychological problems?

• ==	Bulimia Abusing self (cutting) Abusing others Sex
Pornography Gambling Over-eating	Stealing Video Games Overworking
If yes, explain:	
Do you feel that you are addicted to any kind	Is of foods? If yes, explain:
Amount you consume each day:	
Cigarette packs smoked per day:	Coffee cups consumed per day:
Substance Abuse Treatment	
Substance Abuse Treatment:	
Have you ever been to Detox? Yes No	If yes, how many times, when, and where?
Have you ever been in treatment for Substan	ce Abuse/Addiction? Yes No How many times?
	ace Abuse/Addiction? Yes No How many times?
If Yes, When and Where:	<u> </u>
If Yes, When and Where:	
If Yes, When and Where:	<u> </u>

- -*Past 30 days List how many days in the past 30 days that you've used a particular substance -+Lifetime List how many years you have been using a particular substance, and on average, how
- many times per week you use the particular substance.

Substance Abuse History:

	Past 30 Days*	Lifetime (3x/week)+	Route of Admin	Age 1 st Use
Alcohol – any use	days	years		
Alcohol – to intoxication	days	vears		
Heroin	days	vears		
Methadone	days	years		
Other opiate/analgesics	days	years		
Barbiturates	days	years		
Benzodiazepines	days	years		
Cocaine	days	years		
Amphetamine	days	years		
Cannabis	days	years		
Hallucinogens	days	years		
Inhalants	days	years		
More than one substance	days	years		

Updated: 03/19/20

Alcohol and Drug History:			
Have you ever felt you should cut down on your drinking and/or drug use?	Yes	No	
Have people annoyed you by criticizing your drinking and/or drug use?	Yes	No	
Have you ever felt bad or guilty about your drinking and/or drug use?	Yes	No	
Have you ever used alcohol or drugs in the morning to steady your nerves			
or get rid of a hangover?		No	
Have you ever had any drug or alcohol related arrests?		No	
Have you experienced any blackouts from drugs or alcohol?		No	
Have you ever injected drugs?	Yes	No	
- Substance(s) of Choice:			
- Currently clean and sober?			
- Experienced Withdrawal: Yes No If yes, how many time(s) _			
Did any of the withdrawals give you seizures? Yes No			
Legal Data:			
Are you a sex offender? Yes No Have you ever been charged with a violent offense? Yes No			
Violent Charges:			
Why are you incarcerated now?			
Estimated Release Date:			
Previous jail or prison served: Yes no			
Previous jail or prison served? Yes no If yes, how many times:			
If yes, how many times: no What are your previous charges?			
If yes, how many times:	ce Agencies? Yes	No If yes,	please explain:
If yes, how many times:	ce Agencies? Yes	No If yes,	please explain:
If yes, how many times:	ce Agencies? Yes	No If yes,	please explain:
If yes, how many times:			
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe	s etc.) Yes	No
If yes, how many times:	service hours, classe ——— How Many	s etc.) Yes	No
If yes, how many times:	service hours, classe How Many	s etc.) Yes	No
If yes, how many times:	service hours, classe How Many	s etc.) Yes	No

Updated: 03/19/20

Relationships:

	Close Relationship	Serious Problems	Serious Problems Lifetime
		Last 30 days	Liieume
Spouse or			
Signif. Other			
Mother			
Father			
Siblings			
Children			
Close Friends			
Other Family			
Neighbors			
Co-workers			

Family History
Have you witnessed or been involved in incidences of domestic violence?
YesNO
If YES please describe:
Have you experienced any significant loss within the past year? Yes NO
If YES please describe (i.e., Who? How? Etc.):
Have you experienced any significant loss in your life time? Yes NO
If YES please describe (i.e., Who? How? Etc.):
Are you adopted? YesNO

If known, please complete the following chart regarding blood relatives:

Family History

	Family Memb	<u>y</u> oers							
Illness/Condition	Grandparents	Father	Mother	Brother	Sister	Sons	- Daughters	None	<u>Describe</u>
Cancer (describe type for each person)			,					'	
Heart Disease									
<u>Diabetes</u>									
Stroke/TIA									
High Blood Pressure									
<u>Liver Disease</u>									
Alcohol or Drug Abuse									
Anxiety, Depression, or Psychiatric Illness									
Tuberculosis									

Program Partio	cipant:
	Family and Friends Data:
Spouse:	
Address:	
Email:	
Telephone:	
Father:	
Address:	
Email:	
Telephone:	
Mother:	
Address:	
Email:	
Telephone:	
Grandparents:	<u> </u>
Address:	
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Other:	
Address:	
Email:	
Telephone:	

Briefly describe why this is the program for you:

Have you read the Program Overview Form? Yes / No

Questions:		
		
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-		
Signature:	Date:	

Intake Department Email: Intake@stmatthewshouse.org Phone: 239-774-0500

Men's Program Ext: 183, 112 Women's Program Ext: 125 Fax: 239-774-7146