



### **Justins Place Men's Recovery Program**

Justin's Place is a 12 month Christian Discipleship Program, divided into three phases; Motivational Track (28 Days), Discovery Track (168 Days), Launch Track (112 Days), and Transitional Track (56 days). The goal of Justin's Place is to help men and women struggling with an addiction find freedom, hope, and healing, based on the reality that there is a living God who wants to redeem, restore, and equip those with a life free from addiction.

Throughout the program, residents are required to attend lectures, classes, group meetings, Bible studies, and church. Each phase is structured and designed to provide the tools needed in order to achieve a successful journey in recovery. Please review the following points before moving forward with the application. We want to insure you have a full understanding of the program and are committed to receiving the help that is needed for life change.

### **Men's Program Overview**

- Justin's Place believes in the saving grace of Jesus Christ. A growing relationship with Christ, an open mind, and willingness to change are requirements to remain in the program.
- Justin's Place is a nicotine free facility. Resident's attend a nicotine cessation class at the beginning of the program, where they are provided with nicotine replacement. Residents are given 21 days to withdrawal from nicotine. After these 3 weeks, residents will be required to pass a nicotine test in order to remain in the program. Nicotine tests will be administered periodically throughout residence at Justin's Place.
- Residents are not permitted electronic devices until reaching Transition Track (8<sup>th</sup> month). This includes, but not limited to cell phone, iPod, CD player, laptop, kindle, tablet, etc. Smart phones and tablets are not permitted until the 11<sup>th</sup> month in the program.
- Resident's will be in a "blackout period" for the first 28 days of the program. They will not be permitted phone calls or mail, unless it pertains to legal, medical, or financial concerns.
- During Motivational Track, residents participate in the Justin's Place Feeding Ministry, providing meals for the homeless population during lunch and dinner.
- When the residents are starting the program, the lights are out at 10pm and on at 6am.
- Justin's Place is a curriculum and work based program; reading and writing skills may be required at times throughout the program. Residents are also required to participate in the work program; which includes ministries such as Agriculture, Hospitality, Maintenance, Laundry, Catalyst Kitchen, Pool Maintenance, etc.
- Resident's will be assigned to do outreach projects within St. Matthews House and off property. This includes, but not limited to, working in the kitchen, helping at the thrift store, tending to Justin's Place properties, and other service projects brought to the program for the community.
- Resident's walk to class and meal time each day. This could add up to a few blocks a day. They will also be taking the stairs to their rooms in Discovery Track; which includes walking up 3 flights multiple times a day (no elevators available).
- During Transition Track, the resident's will begin part-time employment at a St. Matthews House social enterprise. This includes jobs such as, Discipleship Team, Catering/Kitchen, Warehouse,



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Car Wash, Thrift Store, Development, etc. In Transition Track, residents learn the balance between work and recovery, and also how to budget their finances. Resident's must be able to do this part of the program which requires physical labor and employment.

- Justin's Place is not a medical or mental health facility.
- Certain medications are not permitted throughout the program, please contact the Intake Services Department to inquire a list of permitted medications.
- Individuals who have medications must have the means to be able to pay for those medications and enter into the program with a 90 day supply.
- Church, Bible Study, Group, and 12 Step participation are a mandatory part of the program.
- Resident's will be allowed visitation after 90 days. Approved visitors include, legal spouse and immediate family members.
- Justin's Place is a safe location. With that, we cannot house sexual offenders or individuals with pending DCF or other Social Services regarding sexual offenses.
- There is a one time admission fee of \$1,000  
The fee covers the initial assessment, curriculum, and other initial program costs.

If an individual is interested in the program, then they will need to fill out an application and then schedule a phone interview with the Intake Services Department.

- Please contact the intake office if you have any further questions

*May God give you the strength and courage that is needed for taking the steps towards a better path. You will continue to be in our prayers during this time. We look forward to helping you on this journey!*

*Many Blessings,*

*Connor Bagley*

Connor Bagley

Intake Services Manager

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